

Your Core Values

What are the values that are most important to you right now, that you want to honor in your life?

An (incomplete) list of values

Achievement	Connection	Responsibility	Adventure
Learning	Security	Love	Integrity
Freedom	Communication	Volunteering	Family
Status	Wealth	Challenge	Community
Humor	Spirituality	Nature	Balance
Loyalty	Fairness	Caring for Body	Beauty
Purpose	Creativity	Travel	Justice

Identify the top values for you,
and then what each personally means to you.

VALUE:

WHAT THIS MEANS TO ME:

VALUE:

WHAT THIS MEANS TO ME:

VALUE:

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VALUE:

WHAT THIS MEANS TO ME:



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